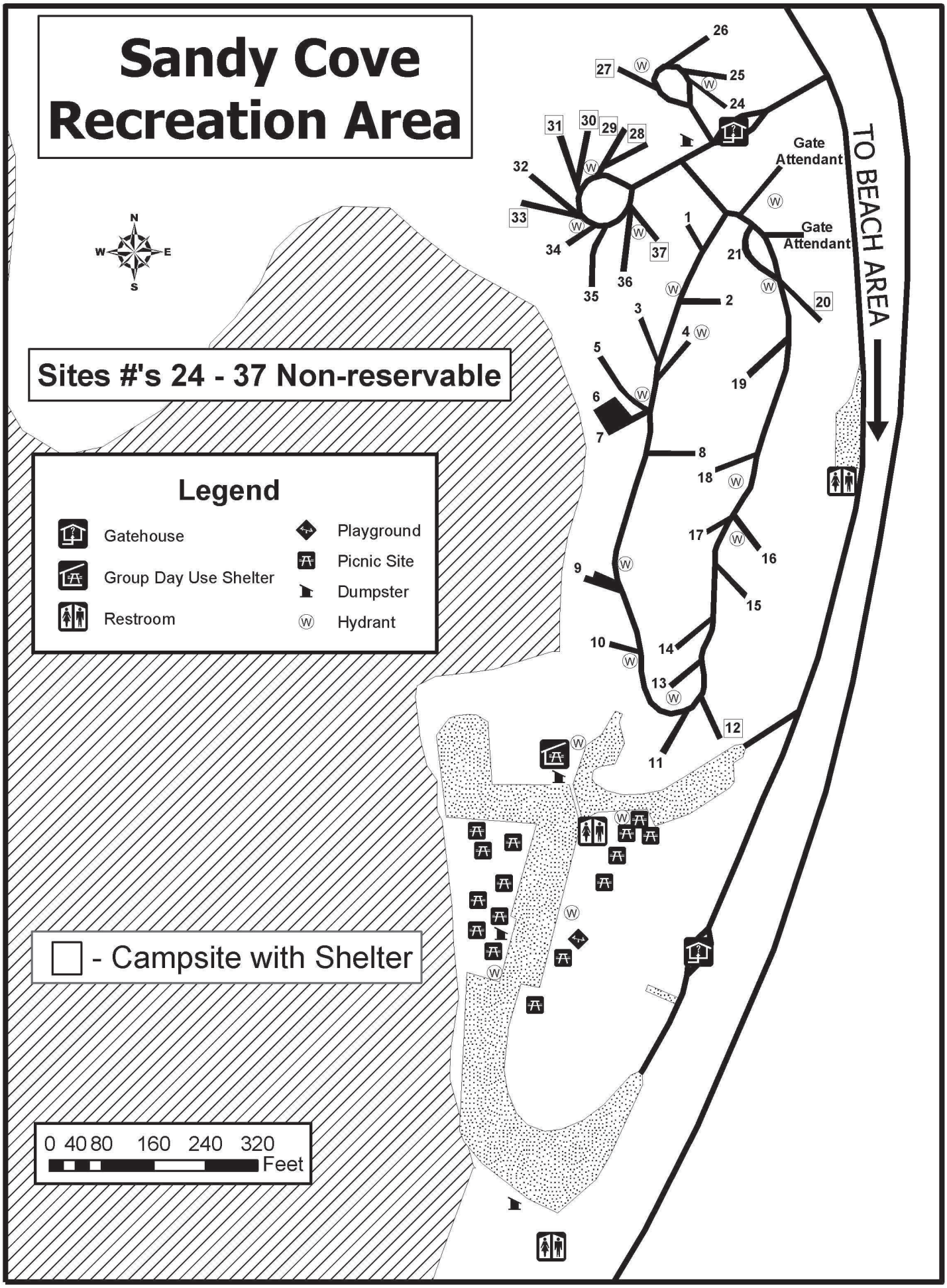Sandy Cove Recreation Area